

Программа аттестации
Дайто рю айки дзю-дзюцу

1 dan

6 kyu

Tachiai

Ippondori

Gyakuudedori

Idori

Ippondori

Gyakuudedori

5 kyu

Tachiai

Kurumadaoshi

Uraotoshi

Idori

Kurumadaoshi

Hijigaeshi

4 kyu

Tachiai

Koshiguruma

Obiotoshi

Kotegaeshi

Idori

Shiborigaeshi

Dakijime

Kotegaeshi

3 kyu

Tachiai

Karaminage

Kirikaeshi

Shihonage

Shihonage Ura

Idori

Karaminage

Nukitedori

Hizajime

2 kyu

Ushirodori

Tachieridori

Ryokatahineri

Ryohijigaeshi

Dakijimedoru

Kataotoshi

1 kyu

Hanzahandachi

Hanminage

Uraotoshi

Izori

Kataotoshi

Iriminage

2 dan

Tachiai

Gyakudasuki

Hikiotoshi

Kubinage

Susobarai

Seoinage

Shutozume

Kataguruma

Kotegaeshi

Koshiguruma

Sekujiki

Idori

Kotejume

Gyakudasuki

Hijikujiki

Kobagaeshi

Shutozume
Kubihineri
Kotegaeshi
Katahadori
Kamatezume
Gyakugote

Ushirodori

Tsukitaosi
Sukuinage
Sukuinage
Kubinage
Hijikujiki

Hanzahandachi

Shutozume
Kotegaeshi
Susodori
Hijikujiki
Irimizume

3 dan

Tachiai

Tsuriotoshi
Sotogote
Makizume
Wakizume
Gansekiotoshi
Kubiwa
Uchiudegaeshi
Hitiribiki

Ipponkatsugi

Shihonage

Idori

Tsuriotoshi

Temakura

Sotogote

Makizume

Kobushikaesi

Dakikujiki

Karamezume

Kiriha

Uhiudegaesi

Gasshodori

Ushirodori

Makizumeotoshi

Uchiudegaeshi

Wakikarame

Kiriha 1

Kiriha 2

Kataudenage

Hanzahandachi

Makizume

Hijikujiki

Asijime

Katahagaeshi

Wakikujiki

Программа школы Мото-Ха Йошин рю дзю-дзюцу

Выделенным шрифтом отмечена техника, необходимая для аттестации.

В данную программу не включен ряд элементов закрытых разделов.

SHODAN

Kihon no kata

- 1.Katate dori - Gyaku kime nage
- 2.Ryogote dori - Kime dori
- 3.Kekomomi - Kekomomi dori
- 4.Kataeri dori - Kote ori
- 5.Ryoeri dori - Kote gaeshi
- 6.Ushiro dori - Ushiro nage
- 7.Men tsuki - Kote ori
- 8.Men uchi - Ude osae kote gaeshi
- 9.Chudan tsuki - Nagashi tsuki kote gaeshi
- 10.Nuki uchi - Ushiro kime

Bo jutsu kihon (Kukishin ryu Minaki-den)

- 1.Shomen uchi
- 2.Mawashi uchi
- 3.Age uchi
- 4.Sukui
- 5.Tsuki
- 6.Mae mawari
- 7.Yoko mawari 1
- 8.Yoko mawari 2

9.Ushiro mawari

10.Ue mawari

Mugai shinden motoha fudoshin iai kihon

1.Nukiuchi

2.Chiburi/notto

3.Shomen kiri

4.Kesa giri

5.Tsuki

NIDAN

Kihon oku no kata

1.Gyaku katate dori - Kote otoshi

2.Ryogote dori - Kukuri nage

3.Kekomi - Ren tsuki

4.Kataeri dori - Kasumi nage

5.Ryoeri dori - Atemi nage

6.Ushiro dori - Seoi otoshi nage

7.Men tsuki - Irimi ate ude osae kote gaeshi

8.Men uchi - Irimi nage

9.Renzoku tsuki - Kote gaeshi

10.Nuki uchi - Ushiro jime

Chobo no kata (Kukishin ryu Minaki-den)

Mugai shinden motoha fudoshin iai kihon tachiai kata

1.Mae

2. Ushiro

3. Migi

4. Hidari

SANDAN

Yoshin no kata

- 1.Gyaku katate dori - Uragote kime makura dori
- 2.Ryogote dori - Gyaku kime dori
- 3.Kekomi - Utushi nage
- 4.Kataeri dori - Hora hiji otoshi
- 5.Ryoeri dori - Hachi nage
- 6.Ushiro dori - Uragote ushiro dori
- 7.Men tsuki - Ushiro otoshi
- 8.Men uchi - Ranshu otoshi
- 9.Chudan tsuki - Inazuma otoshi
- 10.Nuki uchi - Ushiro otoshi

Hanbo no kata

- 1.Men uchi
- 2.Renda
- 3.Irimi tsuki kote uchi
- 4.Kote uchi
- 5.Kaeshi uchi
- 6.Nodo tsuki kote uchi
- 7.Ate ichimonji
- 8.Ura tsuki

Mugai shinden motoha fudoshin iai kihon idori kata

- 1.Mae
 2. Ushiro
 3. Migi
 4. Hidari
- Kappo
Shoden katsu

YONDAN

Tanto dori

- 1.Kotegaeshi dori
- 2.Koteori dori
- 3.Irimi dori (okuri hiji gaeshi)
- 4.Irimi ate dori
5. Sagari dori
- 6.Uke dori (ushiro kime)
- 7.Oni kudaki dori
- 8.Ren kiri komi tsuki dori

Ishiya toritsuke no waza

Kote gaeshi maki:

Hayanava

Gosunnava

Sanjunava

Suwari shime no kata

- 1.Ryote jime
- 2.Katate jime
- 3.Mawashi jime
- 4.Kokyu jime
- 5.Shin-no-shime
- 6.Gyakute jime
- 7.Hadaka jime
- 8.Gyaku juji jime
- 9.Okuri eri jime
- 10.Ushiro eri jime

Hanbo jutsu renzoku waza

Takagi ryu omote kata

1. Kasumi dori

- 2.Do gaeshi
 - 3.Karame dori
 - 4.Kyoto
 - 5.Katamune dori
 - 6.Ryomune dori
 - 7.Oikake dori
 - 8.Kaigo kudaki
 - 9.Yuki chigai
 - 10.Yui gyaku
 - 11.Ransho
 - 12.Ken nagare
 - 13.Hiza guruma
- Kappo
- Chuden katsu

GODAN

Bushin no kata

1. Katate dori – Ura kobushi ate (kubi ori)
2. Ryogote dori – Hiji ate kime dori kote gaeshi
3. Kekomi – Utushi ura kobushi ate (irimi ura nage)
4. Kataeri dori – Ura kobushi ate / keru ura gyaku dori
5. Ryoeri dori – Age kobushi ate ninai gyaku nage
6. Ushiro dori – Joge ate nage
7. Men tsuki – Irimi ura kobushi ate kote gaeshi
8. Men uchi – Kinteki geri oni kudaki nage
9. Chudan tsuki – Ganmen otoshi
10. Nuki uchi – Ura nage

Hanbo jutsu ura waza

Kodachi no kata (omote, ura, hashirigakari)

- 1.Uen
- 2.Saen

- 3.Irimi
- 4.Hien
- 5.Ichimonji

Okuden kappo

Okuden katsu

Okuiho

- 1.Kata kansetsu dakyu-ho
- 2.Sakotsu kansetsu-ho
- 3.Hiji no doboku
- 4.Tekubi no doboku
- 5.Akirosuken sonshyo

ROKUDAN

Kaeshi no kata

- 1.Gyaku kime nage kaeshi
- 2.Kote gaeshi
- 3.Ushiro nage kaeshi
- 4.Tataki komi kaeshi
- 5.Hiji otoshi kaeshi

Takagi ryu muto dori

- 1.Hiken
- 2.Kokyu
- 3.Kimegaeshi
- 4.Hien
- 5.Ichimonji

Okuden yurushi no kata (for Okuden full transmission peoples)

- 1.Irori dori

2.Kata hiji jime

3.Kekomi ura dori

4.Haigo-tai o